



Helping People.  *Changing Lives.*

Annual Report
2018



Leadership Letter



Becky Sherburne, RN
Board Chair

Dear Friends,

For all of us at Community Action Partnership of Strafford County (CAPSC), 2018 has been a year beyond our wildest dreams. It has not escaped us that we couldn't have accomplished any of it without you.

After nearly 10 years of planning, we finally achieved one of our most important and meaningful long-term goals: a centralized office that offers our clients all of our services in one convenient location. From Head Start to the food pantry to fuel assistance to housing, our neighbors in need can now enter our office through one door, and have access to an array of programs that help them meet their basic needs as they work towards self-sufficiency. For years, our clients in the southern tier of Strafford County had to visit multiple offices to receive assistance. Many of us have never been in the humbling position of asking for help, but we ask you to imagine how difficult it must be to not only ask for help, but to have to do so three or four different times, having to relive your heartache and hardship over and over. Our goal was to streamline services, make asking for help just a bit easier, and give our clients the tools and resources they need to become thriving, contributing, healthy members of our community. We are pleased to say we've accomplished this goal – together, with the support of generous and caring people like you.

***It is well to be prepared for
life as it is, but it is better
to be prepared to make life
better than it is.***

~ Sargent Shriver



Betsey Andrews Parker, MPH
Chief Executive Officer

With the support of the Healthy New Hampshire Foundation (now known as the New Hampshire Children's Health Foundation), we successfully expanded our Summer Meals program to serve children in Farmington, adding several new sites to our rapidly growing list. We are proud to have served nearly 30,000 nutritious breakfasts and lunches to children and youth this past summer, and to know that these children did not spend their summers hungry and anxious, wondering and worrying about where their next meal would come from.

Our Weatherization program made energy-efficient improvements to 143 homes last year – triple the number of the previous year. Weatherization saves people money

and helps reduce dependency on fuel assistance by making homes more energy efficient. The Weatherization team made nearly half a million dollars in improvements to homes in our community this year, with additional support from the public utility commissions and other funders.

These are just a few of the many highlights we experienced this year. We invite you to get to know CAPSC by volunteering, becoming a donor, attending one of our events, or stopping by to see our new office space. At CAPSC, we work with our clients, our funders, and our many other non-profit and community partners to ensure people are given the tools to achieve a more self-sufficient life. And, as the sole agency providing all of the basic needs of shelter, food, heat, employment, education, and transportation for Strafford County, CAPSC plays a pivotal role in our community. We take this role very seriously, and we value your partnership.

Together, we are making life better for thousands of individuals and families in Strafford County.

Rotary Clubs of Dover, Durham and Rochester Join Together to Fund and Build Head Start Playground

It takes a village to accomplish incredible work, and CAPSC is fortunate to count local Rotary Clubs as members of its village. Recently, the Rotary Club of Dover, NH donated \$15,000 to CAPSC for their new Head Start/Early Start playground and led a Rotary District Grant process that resulted in additional funding. The original funding helped CAPSC leverage \$5,000 in a Rotary District Grant, a \$2,000 donation from the Rochester Rotary Club, a \$2,000 donation from the Durham/Great Bay Rotary Club and a \$1,000 donation from Community Toolbox. In addition to providing monetary resources, Rotarians donated their time in a hands-on effort to assemble the playground equipment. Once constructed, the play space will be sustained through continued volunteer engagement for routine maintenance, repairs and improvements.

The three Strafford County Rotary Clubs have had a lengthy relationship with CAPSC, whose mission very closely mirrors that of Rotary International. Given this alignment with Rotary's mission, CAPSC approached the local Rotary Clubs to discuss ways in which they could get involved with CAPSC's new, centralized location in Dover, which opened in August.

A key feature of the new space is the safe and accessible play area that will be used by children attending Head Start/Early Head Start, families visiting the Center for outreach appointments, and children and families attending parent education and family resource classes.

According to Noreen Biehl, President of the Rotary Club of Dover, NH, Dover Rotarians are experienced in a variety of hands-on projects in the community, including the gardens and play-ground at Henry Law Park and Park Street Park. The Dover Rotary Club will lead this project and serve as the primary liaison between CAPSC and the other participating Clubs.



"I am extremely proud of our local Rotarians and their strong work ethic, helping children and families in need in our communities," Biehl said. "This project is also a great example of Rotary clubs collaborating with local non-profit agencies to improve the overall health of our youngest citizens and future leaders."

Rochester Rotary President Bob Magnusson agrees. "The Rochester Rotary Club is pleased to assist CAPSC along with our neighboring Rotary clubs on such a worthy project. Youth development is a cornerstone to what Rotary is all about."

Durham/Great Bay President Tom Boisvert noted the importance of helping community members. "We are so grateful to be included in this project," Boisvert said. "Helping young people is such an important part of what we do in the community."

According to the American Academy of Pediatrics, play is essential to the social, emotional, cognitive, and physical well-being of children beginning in early childhood. It is a natural tool for children to develop resiliency as they learn to cooperate, overcome challenges, and negotiate with others. However, children who live in poverty often face socioeconomic obstacles that impede their rights to have playtime, thus affecting their healthy social-emotional development. For children who are at-risk to reach their highest potential, it is essential to provide them with a safe play space that supports the importance of the lifelong benefits that children gain from play. The partnership between three area Rotary Clubs, Rotary District 7780, and CAPSC will help realize this goal.

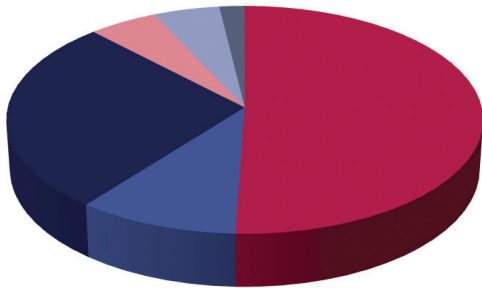




The Year in Review

**Fiscal Year is January 1 to December 31*

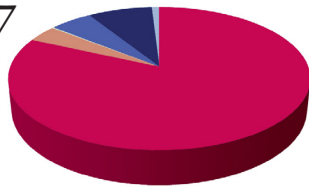
Program Expenses for Year Ended December 31, 2017



Program	Expense by Program	% of Budget
Child Services	\$3,973,078.00	51%
Community Services	\$780,471.00	10%
Energy Assistance	\$2,154,833.00	27%
Housing	\$409,543.00	5%
Weatherization	\$391,107.00	5%
Workforce Development	\$150,178.00	2%

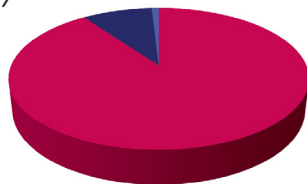
Revenue for Year Ended December 31, 2017

Grant Revenue:	\$7,454,864	
Fees for Service:	\$333,487	
Rent Revenue:	\$19,472	
Public Support:	\$489,331	
In-kind Donations:	\$735,069	
Interest:	\$127	
Fundraising:	\$87,215	
Other Revenue:	-\$2,106	
Total Revenue	\$9,117,459	



Expenses for Year Ended December 31, 2017

Program Services:	\$7,859,210
Management & Administration:	\$790,496
Fundraising:	\$78,112
Total Expenses	\$8,727,818



Our Mission

To educate, advocate, and assist people in Stafford County to help meet their basic needs and promote self-sufficiency.

Our Vision

To eliminate poverty in Stafford County

Our Values

Compassion, Education, Self-Sufficiency, Transparency, Accountability, Teamwork, Client Focus and Professionalism



CAPSC by the Numbers

The programs provided by CAPSC interrupt the cycle of poverty and help empower at-risk children, working families, adults, and seniors to live more secure, independent, and healthier lives. CAPSC is the only organization in our community providing all of the coordinated services that help people meet their basic needs. The services provided by CAPSC feed the hungry, house the homeless, educate at-risk children, heat households, transport seniors to needed services, and train our workforce.

Services by Town:

Town	Clients Served	Value of Services
Barrington	240	\$173,706
Dover	2,701	\$2,073,217
Durham	384	\$27,177
Farmington	861	\$1,706,843
Lee	86	\$85,374
Madbury	18	\$13,513
Middleton	72	\$63,813
Milton	310	\$465,955
New Durham	71	\$53,080
Rochester	3,297	\$3,812,534
Rollinsford	46	\$61,956
Somersworth	627	\$1,424,201
Strafford	69	\$74,400
Other	1,175	\$271,619
TOTAL	9,957	\$10,307,388



CAPSC served
9,957
households

\$10.3 MILLION
in goods & services provided to
households in *Strafford County*



29,650

Free summer meals for
children ages 0 to 18

532 holiday
food baskets

distributed between Thanksgiving & Christmas



40,515

after-school meals
to children



Safe, accessible
transportation
to

3,336
seniors



Employment services to
124 individuals



188,438

pounds of food
distributed to Strafford
County food pantries



Weatherized **143**

homes at a value of
\$547,163 (nearly triple
the number of homes
weatherized in 2017)



4,302

households received
utility assistance (fuel
and electrical assistance
at a value of **\$2.5 million**)



Provided
\$266,243
in donated/commodity
food



558

children and their families received access to
early childhood education and family support
through Head Start, Early Head Start, &
Home Visiting programs



520

Summer Meals
volunteer hours



Homeless
prevention services
to
1,305
individuals & families



Helping People. Changing Lives.



Sponsor Highlight – Holy Rosary Credit Union

With a philosophy of “People Helping People,” it’s no wonder Holy Rosary Credit Union (HRCU) is a leader in supporting non-profit organizations in our community. CAPSC has been a beneficiary of HRCU’s generous and steadfast support for many years. As a sponsor of the Holiday Food Basket Program, HRCU helps CAPSC provide a nourishing meal for over 600 families each holiday season.

Recognizing the importance of supporting community programs that help those in need, HRCU felt the Holiday Food Basket program was a natural fit. Reducing poverty and building a stronger community is incorporated in their mission of being a responsible community focused organization, and these priorities align with the mission of CAPSC.

According to the New Hampshire Food Bank, 1 in 9 men, women and children in the Granite State are food insecure, meaning they do not know where their next meal will come from. Thousands of Strafford County households visit CAPSC’s food pantries each year, a valuable resource that ensures food will be on the table every day. During the holidays, hunger is even more prevalent. As many of us celebrate the holidays with a robust feast, we know there are many others who are less fortunate. By sponsoring the Holiday Food Basket Program, HRCU gives families in need the same experience and holiday memories we all treasure.

“We can’t thank HRCU enough for their generous support of the Holiday Food Basket Program,” said Betsey Andrews Parker, CEO of CAPSC, “Their partnership is key to ensuring families in our community have a reason to celebrate during the Thanksgiving and Christmas holidays. Without their support, we know there would be hundreds of families going hungry during what should be times of celebration.”

HRCU is committed to assisting local non-profit agencies, such as CAPSC, carry out their mission as they strive to assist members of our community that are in need. As Brian Hughes, President and CEO of HRCU stated, “HRCU has a deep commitment to giving back to organizations who extend a helping hand to those in need in our local communities. It’s about People helping People.”



2018 Corporate Sponsors

CAPSC could not help as many residents as we do without the generous support of our corporate sponsors.

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CAPSC Program Sponsor



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Dover Bowl
Dover Boy Scouts
Duston's Market & Bakery
Eastern Propane
Edward Jones – Eliot Lazenby
Edward Jones – Nick Pellman
Farmington Booster Club

Farmington Boy Scouts
First Parish Church
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We are grateful for the generous support of our many donors. Donor lists include gifts received between November 1, 2017 and October 31, 2018. If your name has been listed incorrectly or omitted in error, please contact Sarah Varney, Director of Advancement, at svarney@straffordcap.org.

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Tribute to Jane Cooper Fall

On October 18th, CAPSC said goodbye to one of its dearest friends and most passionate advocates. Jane Cooper Fall, co-founder of the Farmington Children's Center, passed away at the age of 94. In addition to her work with CAPSC, Jane was an integral part of many organizations in our community, including the Strafford County YMCA, Frisbie Memorial Hospital, and Cornerstone VNA.

Jane's commitment to and vision for the children and families of Strafford County led to her co-founding the Farmington Children's Center with Barbara Spear in 1996. Through their leadership and determination, the Center opened its doors on January 8, 1996. Today, the Farmington Children's Center is a vital resource for working families in northern Strafford County. The Center provides high-quality, affordable child care in a nurturing environment, allowing families to remain in the workforce while knowing their children are well-cared for in a safe facility. Funding from a Community Development Block Grant and a partnership with the Town of Farmington provided significant renovations and energy-efficient upgrades to the building in 2017.

"I got to know Jane during my work at CAPSC, first with the golf tournament honoring her and Barbara, and as an advocate for the Center. She was a spitfire," remembers Betsey Andrews Parker, CAPSC CEO, "I was incredibly proud to show her the revisions to the building in 2017 and honored to see her bear witness to how far the Center has come in 20 years. I hope she was proud of the program she helped build and her legacy. Her work meant so much to the hundreds of families with children at the Center, many of whom rely on this program to keep their jobs and remain self-sufficient and financially stable."

If you visit CAPSC's office on Central Avenue in Dover, notice the Peace Plant on Betsey's table. Jane sent it for the grand opening of the new facility, and the CAPSC family knows she is watching over us and the children and families we serve.

