

# SEACOAST AREA FOOD PANTRIES

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## BARNSTEAD

### **Barnstead Food Pantry and Thrift Shop**

134 Suncook Valley Parkway

Barnstead, NH 03218

Contact: (603) 235-1895

Days/Hours Open:

Saturdays 10:00am-12:00pm

Website: <http://www.barnsteadthriftshop.org/>

Updated: 11/11/19

### **Families in Need**

Central Barnstead

Contact: (603) 942-8696

Days/Hours Open:

Updated: 7/11/19

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## BARRINGTON

### **Barrington Community Food Pantry**

105 Ramsdell Lane Barrington, NH 03825

Contact: (603) 664-0233

Days/Hours Open:

Thursdays 6-7:30pm

Website: <http://www.barringtonfoodpantry.org/>

Updated: 10/3/19

### **Joseph's Storehouse Food Pantry**

8 Eastern Ave. Barrington, NH 03825

Contact: (603) 300-7064

Days/Hours Open: 1st and 3rd Saturday

9:00am-11:00am and the Thursdays prior

6:00pm-8:00pm

Website: <http://www.thejourneynh.com/josephs>

Updated: 10/3/19

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## BERWICK, ME

### **House of Hope Food Pantry**

25 Saw Mill Hill Rd. Berwick, ME

Contact: (207) 698-9944

Days/Hours Open:

Mon, Tues, Thurs: 5:15-6:30pm

Website: <https://houseofhopemission.org/foodpantry/>

Updated: 10/3/19

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## BRENTWOOD

### **Pilgrim United Church**

197 Middle Rd. Brentwood, NH

Contact: (603) 895-9231

Days/Hours Open: Call to arrange a time

Updated: 7/11/19

# SEACOAST AREA FOOD PANTRIES

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## DOVER

### **Dover Food Pantry**

1 Silver St. Dover, NH 03820

Contact: (603) 749-4235

Days/Hours Open:

Updated: 7/11/19

### **Community Action Partnership of Strafford County**

577 Central Avenue, Suite 10 Dover, NH 03820

Contact: [\(603\) 435-2500](tel:6034352500)

Days/Hours Open: M - F 8:30am-4:30pm

Website: <https://www.straffordcap.org/programs/food-a-nutrition>

Updated: 10/3/19

### **St. Joseph Church - Our Daily Bread**

150 Central Ave. Dover, NH 03820

Contact: (603) 742-4837

Days/Hours Open: T-Wednesday 9-11:45

Saturdays 10:30-11:45am

Website:

[http://assumptiondovernh.org/?page\\_id=143](http://assumptiondovernh.org/?page_id=143)

Updated: 10/3/19

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## DURHAM

### **St. Thomas Moore**

6 Madbury Rd. Durham, NH 03824

Contact: (603) 868-2666

Days/Hours Open: Thursday 4:00pm-6:00pm

Website:

<https://www.stmdurham.org/index.php/about-our-parish/food-pantry>

Updated: 10/3/19

### **The Waysmeet Center- Cornucopia Food Pantry**

15 Mill Rd. Durham, NH 03824

Contact: (603) 862-1165

Days/Hours Open: Tuesdays 4:00pm-5:30pm,

Fridays 12:00pm-1:00pm

Website: <http://www.waysmeetcenter.org/>

Updated: 10/3/19

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## EPPING

### **Bible Baptist Church Food Pantry**

243 Pleasant St. Epping, NH 03042

Contact: (603) 247-0405

Days/Hours Open:

Updated: 7/11/19

### **Epping Community Church**

4 Pleasant St. Epping, NH 03042

Contact: 603-679-5542

Days/Hours Open: Saturdays 8:00am-10:00am

Website: <http://www.eppingcommunitychurch.org/>

Updated: 11/11/19

### **Providence Baptist Church Food Pantry**

410 Pleasant St. Epping, NH 03042

Contact: (603) 679-8918

Days/Hours Open:

Updated: 7/11/19

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## EXETER

### **Society of St. Vincent de Paul Exeter**

53 Lincoln St. Exeter, NH 03833

Contact: (603) 772-9922

Days/Hours Open: Monday, Tuesday, Thursday 7:00pm-8:00pm and Wednesday, Friday 1:00pm-2:00pm

Senior Pantry: 4th Thursday of the month 9:30am-11:30am

Community Assistance Center: M-F 8:30am-4pm

Website: [www.svdpexeter.com](http://www.svdpexeter.com)

Updated: 11/11/19

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## FARMINGTON

### **CAP Outreach Food Pantry**

527 Main St. Farmington, NH 03835

Contact: (603) 435-2500

Days/Hours Open: Tuesdays and Thursdays  
8:00am-4:30pm

Website:

<https://www.straftfordcap.org/programs/food-a-nutrition>

Updated: 10/3/19

### **First Congregational Church - Inter-Faith Food Pantry**

400 Main St. Farmington, NH 03835

Contact:(603) 755-4816

Days/Hours Open: Last Saturday of each month  
from 9:30am-10:30am

Updated: 10/3/19

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## FREMONT

### **Fremont Food Pantry**

295 Main St. Fremont, NH

Contact:(603) 895-1162

Days/Hours Open:

Website:

[http://www.fremont.nh.gov/Pages/FremontNH\\_SocServ/pantry](http://www.fremont.nh.gov/Pages/FremontNH_SocServ/pantry)

Updated: 7/11/19

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## GREENLAND

### **Greenland Community Church**

42 Post Rd. Greenland, NH

Contact: (603) 431-8961

Days/Hours Open:

Website: <https://www.communitychurchofgreenland.org/calendar/>

Updated: 7/11/19

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## HAMPTON

### Hampton Community Coalition & Trinity Church

200 High St. Hampton, NH 03842  
Contact: (603) 926-4936  
Days/Hours Open: School year: Tues. and Fri.  
11:00am-1:00pm Year-Round: Sat. 10:00am-  
12:00pm  
Website: <http://www.trinityhampton.org/outreach.htm>  
Updated: 7/11/19

### Town of Hampton Food Pantry

100 Winnacunnet Rd. Hampton, NH 03842  
Contact: (603) 926-5948  
Days/Hours Open: Monday, Wednesday, Friday  
9:00am-1:30pm; Tuesday and Thursday  
9:00pm-5:00pm  
Updated: 10/3/19

### United Methodist Church

525 Lafayette Rd. Hampton, NH 03842  
Contact: (603) 926-2702  
Days/Hours Open: Wednesdays 9:30am-  
11:30am  
Updated: 7/11/19

### First Baptist Church

36 Winnacunnet Rd. Hampton, NH 03842  
Contact: (603) 926-3200  
Days/Hours Open: Mondays 9:30am-12:00pm  
Website: [http://www.hamptonbaptist.com/?page\\_id=113](http://www.hamptonbaptist.com/?page_id=113)  
Updated: 11/11/19

### St. Vincent de Paul

289 Lafayette Rd. Hampton, NH 03842  
Contact: (603) 929-4427  
Days/Hours Open: Monday-Friday 10:30-12, Sat  
9-10:30. Call to make reservations for PM pickup  
Website: <https://svdphampton.com/>  
Updated: 11/11/19

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## KINGSTON

### Kingston Food Pantry

163 Main St. Kingston, NH  
Contact: 603-642-3342 x5  
Days/Hours Open:  
Website: <https://www.kingstonnh.org/human-services>  
Updated: 7/11/19

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## KITTERY, ME

### Footprints

37 Old Post Rd. Kittery, ME 03904  
Contact: (207) 439-4673  
Days/Hours Open: Tuesdays 5:30pm-6:30pm  
and Wednesdays 9:30am-1:00pm  
Website: <http://footprintsfoodpantry.org/>  
Updated: 11/11/19

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## LEE

### **Wilkinson Food Pantry**

17 Mast Rd. Lee, NH

Contact: (603) 659-2861

Days/Hours Open: 1st and 3rd Mondays of the month from 6:00pm-7:00pm

Website: <http://www.leechurch.org/calendar>

Updated: 11/11/19

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## MIDDLETON

### **Middleton Town Office**

Middleton

Contact: 473-2576

Days/Hours Open:

Website: <https://www.middletonnh.gov/town-services/public-welfare/>

Updated: 7/11/19

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## MILTON

### **Milton Welfare Office**

424 White Mountain Highway

Milton, NH 03851

Contact: (603) 652-4501 x109

Days/Hours Open:

Updated: 7/11/19

### **We Care Food Pantry**

370 White Mountain Highway

Milton, NH 03867

Contact: (603) 923-9456

Days/Hours Open: Mondays 9:30-11:30am

Thursday 4:30-6:30

Hours effective January 2020: Fridays 9:30am-6:30pm.

Website: [www.revolutionfoodpantry.com](http://www.revolutionfoodpantry.com)

Updated: 11/8/19

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## NEW DURHAM

### **New Durham Food Pantry**

5 Main St. New Durham, NH 03855

Contact: (603) 817-0372

Days/Hours Open: Saturdays 9:00am-10:00am  
(New Durham residents only)

Website:

<https://www.facebook.com/NewDurhamFoodPantry/>

Updated: 10/3/19

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## NEWMARKET

### **Newmarket Community Church - Newmarket Food Pantry**

137 Main St. Newmarket, NH 03857

Contact: (603) 659-3892

(603) 834-1735

Days/Hours Open: Thursday 12:00pm-2:00pm and 4:00pm-6:00pm

Website: <http://newmarketchurch.org/missions/food-pantry/>

Updated: 10/3/19

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## NORTH BERWICK, ME

### **Coventry Baptist Church - North Berwick Food Pantry**

77 High St. North Berwick, ME

Contact: (207) 676-4001

Days/Hours Open: Mondays 4:00pm-6:00pm

Updated: 10/3/19

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## NORTHWOOD

### **Northwood Emergency Food Pantry**

844 1st NH Turnpike Northwood, NH 03261

Contact: (603) 664-6937

Days/Hours Open:

Website: <https://www.northwoodnh.org/towncloud/entity/Human-Services-23>

Updated: 7/11/19

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## NOTTINGHAM

### **Liberty Baptist Church Food Pantry**

62 Freeman Hall Rd. Nottingham, NH 03291

Contact: (603) 942-9237

Days/Hours Open: Tuesdays 5:30pm-6:30pm

Updated: 10/3/19

### **Nottingham Food Pantry**

139 Stage Road, Nottingham, NH 03291

Contact: (603) 679-5209

Days/Hours Open: 3<sup>rd</sup> Thursday of the month from 6-7pm and emergency by appointment

Website: <https://www.nottingham-nh.gov/local-assistance-social-services/pages/food-pantry>

Updated: 7/11/19

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## PORTSMOUTH

### **AIDS Response Seacoast**

7 Junkins Ave. Portsmouth, NH 03801

Contact: (603) 433-5377

Days/Hours Open:

Website: <https://aidsresponse.org/client-services>

Updated: 7/11/19

### **Operation Blessing**

600A Lafayette Rd. Portsmouth, NH 03801

Contact: (603) 430-8561

Days/Hours Open: Wednesday-Friday 10-4  
(Closed 12-1)

Website:

<https://www.operationblessingnh.org/household>

Updated: 11/11/19

### **Seacoast Adopt-a-Block Food Pantry**

195 Greenleaf Ave. Portsmouth, NH 03801

Contact: (603) 988-2671

Days/Hours Open: Last Saturday 10-4, Every  
Wednesday 10-4

Website: <https://www.adoptablock.net/projects>

Updated: 11/11/19

### **Southern NH Services**

4 Cutts Ave. Portsmouth, NH 03801

Contact: (603) 431-2911

Days/Hours Open:

Website: <https://www.snhs.org/>

Updated: 7/11/19

### **Gather**

210 West Rd. Portsmouth, NH 03801

Contact: (603) 436-0641

Days/Hours Open: Monday-Thursday 9:00am-  
5:00pm, Friday 9:00am-1:00pm

Website: <https://www.gathernh.org/>

Updated: 11/11/19

### **New Frontier Church**

1 Gosling Rd. Portsmouth, NH 03801

Contact: (603) 319-1567

Days/Hours Open:

Updated: 7/11/19

### **Seacoast Community Church - Screven Food Pantry**

397 Lafayette Rd. Portsmouth, NH 03801

Contact: (603) 436-8623 x 4

Days/Hours Open: Tuesdays 10:00am-1:00pm

Website: <https://www.sccnh.com/calendar>

Updated: 11/11/19

### **Seacoast Consumer Alliance**

544 Islington St, Portsmouth, NH 03801

Contact: (603) 895-2303

Days/Hours Open:

Updated: 7/11/19

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## RAYMOND

### **New Life Assembly of God**

84 Nottingham Rd. Raymond, NH 03077

Contact: (603) 895-6041

Days/Hours Open: Winter Hours: 2nd & 4th  
Thursday of the month from 11-12:30 and 4:30-6

Website: [newliferaymond.org](http://newliferaymond.org)

Updated: 11/8/19

### **Raymond Baptist Church Food Pantry - SonShine Community Table**

145 Route 27 Raymond, NH 03077

Contact: (603) 895-2859

Days/Hours Open: Mondays and Fridays by  
appointment

Website:

<https://www.raymondbaptistchurch.com/sonshine-community-table/>

Updated: 7/11/19

# SEACOAST AREA FOOD PANTRIES

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## RAYMOND CONT.

### **Southern NH Services**

55 Prescott Rd. Raymond, NH 03077

Contact: (603) 895-2303

Days/Hours Open:

Website: <https://www.snhs.org/>

Updated: 7/11/19

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## ROCHESTER

### **Bethany United Methodist Church**

24 Main St. East Rochester, NH 03868

Contact: (603) 332-3618

Days/Hours Open: Thursdays 10:00am-12:00pm

Website: <https://www.facebook.com/pages/Bethany-United-Methodist-Church/115494591806471>

Updated: 11/8/19

### **First Church Congregational**

63 S Main St. Rochester, NH 03867

Contact: (603) 332-1121

Days/Hours Open: Mondays-Fridays 8:00am-2:00pm

Website: <https://www.first-ucc.net/outreach>

Updated: 10/3/19

### **Gerry's Food Pantry**

Rochester Community Center

150 Wakefield St. Rochester, NH 03687

Contact: (603) 330-3468

Days/Hours Open: Monday & Friday, 1-3:15

Fridays 10-3:15

Website:

<https://www.sharefund.org/programsandservices>

Updated: 11/8/19

### **Salvation Army Food Pantry**

10 Olde Farm Lane Rochester, NH 03867

Contact: (603) 332-2623

Days/Hours Open: Mon, Wed, Thurs, Fri, 9-2

Website: <https://nne.salvationarmy.org/rochester-nh/the-salvation-army-of-rochester-new-hampshire>

Updated: 11/8/19

### **Grace Community Church**

57 Wakefield St. Rochester, NH 03867

Contact: (603) 332-9689

Days/Hours Open: Last Saturday, 3:45-5

Every Thursday 9-11am @ Farmington Location  
(9 Mechanic St. Farmington, NH 03835)

Updated: 11/8/19

### **First United Methodist Church Soup Kitchen**

34 S Main St. Rochester, NH 03867

Contact: (603) 948-1225

Days/Hours Open: Sundays Tuesdays

Thursdays 4:00pm-6:00pm

Updated: 10/3/19

### **Emmanuel Advent Christian**

75 Eastern Ave. Rochester, NH 03867

Contact: (603) 332-5355

Days/Hours Open: Thursdays 10:00am-11:20am  
(call prior sign up)

Website: <https://www.emmanuelacc.net/calendar/>

Updated: 7/11/19

### **Seventh Day Adventist Church**

28 Cushing Blvd. Rochester, NH 03867

Contact: (603) 332-1177

Days/Hours Open:

Updated: 7/11/19

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# SEACOAST AREA FOOD PANTRIES

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## ROLLINSFORD

### **Seeds of Faith**

1 Front St. Rollinsford, NH 03869

Contact: (207) 703-3185

Days/Hours Open: Mondays 10:00am-12:00pm,  
1st and 3rd Thursdays of the month 5:00pm-6:00pm

Website: <https://seedsoffaithnh.org/food-pantry/>

Updated: 11/8/19

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## RYE

### **St. Theresa's Catholic Church and Food Pantry**

820 Central Rd, Rye Beach, NH 03871

Contact:

Days/Hours Open:

Updated: 7/11/19

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## SEABROOK

### **Healing Rain Ministries Helping Hands**

49 New Zealand Rd. Seabrook, NH 03874

Contact: (603) 601-0656

Days/Hours Open:

Website:

<https://www.healingrainministries.com/helpinghands>

Updated: 7/11/19

### **Seabrook Church of Christ - Potter's Food Pantry**

867 Lafayette Rd. Seabrook, NH 03874

Contact: (603) 474-2660

Days/Hours Open: Wednesdays 9:00am-  
11:00am

Updated: 10/3/19

### **Southern NH Services/CAP**

146 Lafayette Rd. Seabrook, NH 03874

Contact: (603) 474-3507

Days/Hours Open:

Website: <https://www.snhs.org/about-us/contact-us/39-rockingham-county-outreach-offices/17-seabrook-office>

Updated: 10/3/19

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## SOMERSWORTH

### **First Parish Church Food Pantry - Community Food Pantry, Inc.**

176 W High Street Somersworth, NH 03878

Contact: (603) 692-2907

Days/Hours Open: Mondays 10:00am-12:00pm, Wednesday 6:00pm-  
8:00pm, Thursday 3:00pm-5:00pm

Towns Served: Somersworth, Rochester, Berwick (ME), Lebanon (ME)

Website: <https://www.facebook.com/SomersworthNH/?f=133191366732956>

Updated: 11/8/19

# SEACOAST AREA FOOD PANTRIES

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## STRAFFORD

### **Third Baptist Church Food Pantry**

30 Strafford Rd. Strafford, NH 03884

Contact: (603) 664-2517

Days/Hours Open:

Website: <https://tbcstrafford.weebly.com/christian-cupboard.html>

Updated: 7/11/19

### **Town Clerk, Welfare Office**

12 Mountain View Dr. Strafford, NH 03884

Contact: (603)664-2192 x 108

Days/Hours Open:

Website: <http://www.strafford.nh.gov/index.php/social-services>

Updated: 7/11/19

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## YORK, ME

### **York Food Pantry**

855 US Rt. 1 York, ME 03909

Contact: (207) 363-5504 x200

Days/Hours Open: Thursdays 12:30pm-3:00pm  
and 5:00pm-7:00pm

Website: <https://www.ycsame.org/copy-of-food-pantry>

Updated: 10/3/19

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